



# Inclusion Matters!



Dear Parents,

Welcome to the third edition of Inclusion Matters! In this newsletter, I hope that you will find some useful information about Sensory Processing Disorder and Dyspraxia.

IEPs were sent out recently and I would like to thank you for your contributions to these. I know that the staff at school have really enjoyed reviewing these IEPs with you and they have found your input so valuable. Strong relationships between home and school will really help improve the outcomes for the children so thank you for your co-operation with these reviews. Hopefully you are finding Edukey a useful tool to view your child's IEP. If you have had any problems viewing online, please get in touch on [senco@oreston.com](mailto:senco@oreston.com)



Miss Ritchie, SENDCo



### Links to local offer:

<https://www.plymouthonlinedirectory.com/>

<https://www.plymouthonlinedirectory.com/plymouthlocaloffer/about>

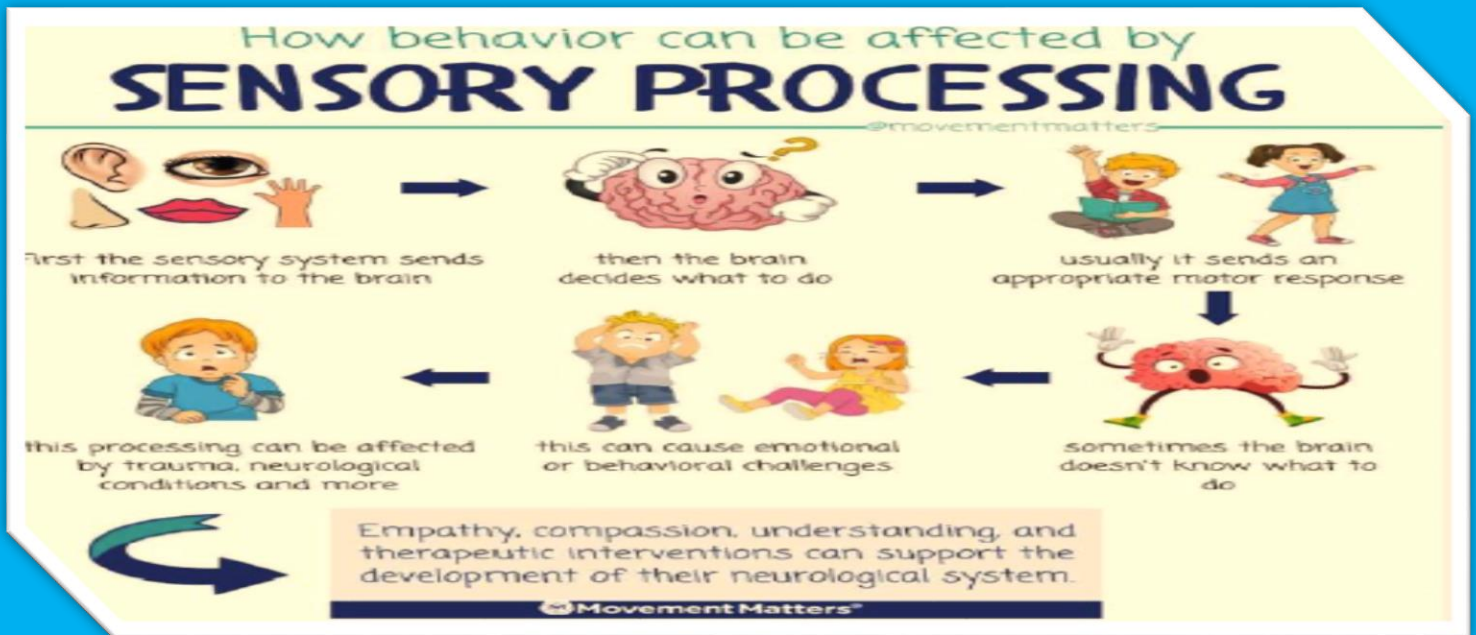
Our SEND Information Report 2021 can be found here:

[shorturl.at/gyBUZ](http://shorturl.at/gyBUZ)



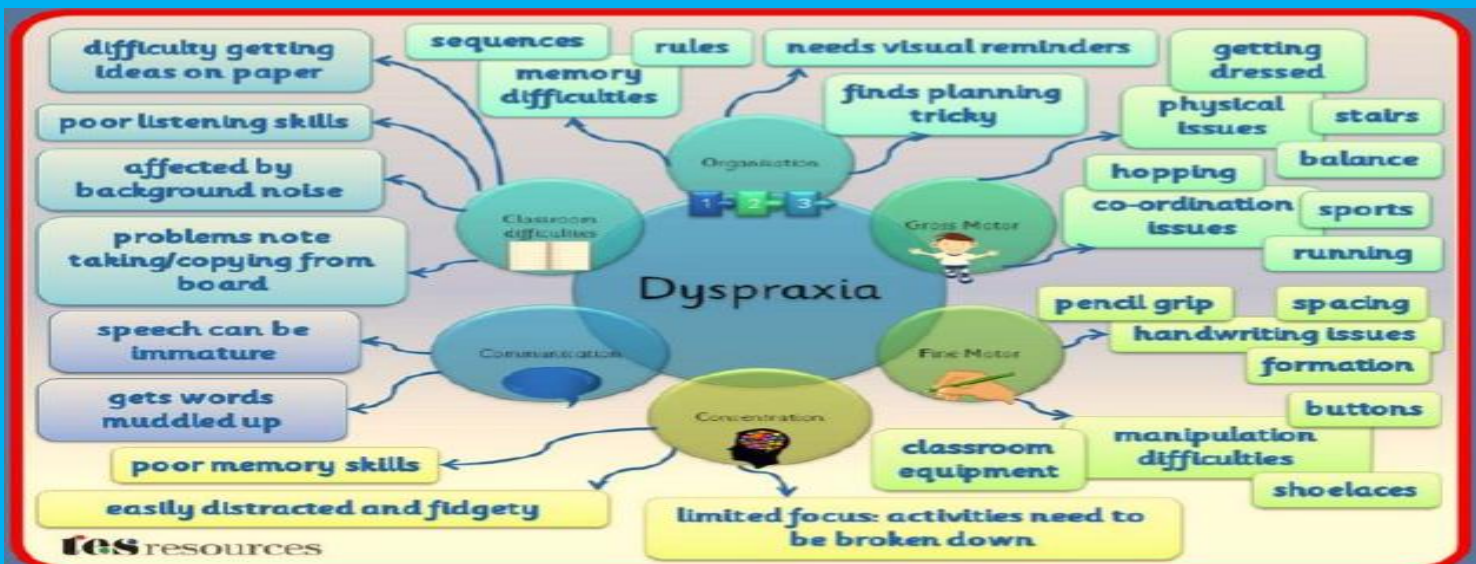
## What is sensory processing disorder?

Children with sensory processing disorder have difficulty processing information from the senses (touch, movement, smell, taste, vision, and hearing) and responding appropriately to that information. These children typically have one or more senses that either over- or under react to stimulation. Sensory processing disorder can cause problems with a child's development and behaviour.



## What is Dyspraxia?

Developmental co-ordination disorder (DCD), also known as dyspraxia, is a condition affecting physical co-ordination. It causes a child to perform less well than expected in daily activities for their age, and appear to move clumsily.



Links to provide more information or support:

<https://www.griffinot.com/what-is-dyspraxia-myths-explained/>

<https://www.youtube.com/watch?app=desktop&v=D1G5ssZIVUw&feature=youtu.be>

### Where can you get support?

<https://www.otforkids.co.uk/conditions/sensory-processing-disorder-spd.php>

<https://thesensoryseeker.com/sensory-processing-disorder-in-the-uk/>

<https://childrenandfamilyhealthdevon.nhs.uk/occupational-therapy/using-your-senses-support/>

<http://www.plymouthonlinedirectory.net/plymouthlocaloffer/pias>

<https://www.nhs.uk/conditions/developmental-coordination-disorder-dyspraxia/diagnosis/>

## I have Sensory Processing Disorder

I don't like to brush my teeth

I can be sensitive to loud sounds

I don't like to brush, wash or cut my hair

I don't like bright lights

Some smells really bother me

I like to smell people and objects sometimes

I am a picky eater

I don't like tags on my clothes

I can be clumsy and fall over things sometimes

I don't like to wear clothes

I have poor gross motor skills

I enjoy being squeezed, I like pressure

Sometimes I don't like to be touched

I don't want my hands dirty

I like wearing the same clothes

I have poor fine motor skills

I lose my balance

I get overstimulated and meltdown

I crave fast spinning

I get fearful and anxious sometimes

Poor body awareness

I overreact to minor scrapes and cuts

I cling to adults I trust

I sometimes walk on my toes

